

Hello,

First of thank you so much to give me opportunities to share my experience of lofC. Myself Neha Mehta, I am the participant of lofC May 2016 Batch for Lead for Change Program.

I still remember each and every day with time of my journey in lofC. Thank you so much Parag sir and Mayur sir for motivate me and help me to change myself. 😊 First day in introduction everyone said that they are coming here to achieve this and with this motto or expectations etc. I said that I am here because of my brother forced me, with no mindset. He paid the fees for this program and told me that if I am not coming then the money will waste because they will not refund the fees and I don't want to waste my brother's money so I joined him in this program with "NO GOAL & NO EXPECTATIONS". I will enjoy panchgini during this program.

Basically I am very introvert and family oriented person. Don't like to speak with strangers. Don't like to make new friends. Don't like to come out from my comfort zone. Also I have stage fear. Due to the lofC I came out from my comfort zone and start talking with strangers without any fear, put my clear thoughts in front of another persons, make new friends from different states and different countries also. You don't believe this is my first trip in my 26 years of journey on earth without my mom at unknown place with unknown people. Due to Quiet Time I could listen my inner voice and know which are my likes and dislikes and start to express my thoughts using words. Till now I do all the things which came to my life without any thinking on it. After lofC whenever the new things or any problems came to my life first I take 5-10 minutes to think on that then I will take the decision on it. Due to this program I build up the confidence that I CAN DO ANYTHING. In my life first time I took the part in drama and sang a song and dance. I expressed myself and my thoughts among the everyone.

On second last day we have to write at least a letter to any person to say them sorry or thank you or if we have grudges to anyone. Due to this exercise I told everything to papa and fill relax. It actually works, now our relations are smooth compare to the past.

Still I remembered on last day of our program Mayur sir displayed one motivation video of common peoples which having extraordinary ability to prove themselves THEY ARE HERO OF LIFE. If I am not wrong then the wording of songs is "YOU CAN BE A HERO..." Due to that video I decided at that time I will break my any one fear from my life within one year to start my journey to become hero of life. Every day I told myself in quiet time that "I have to break my any fear" and it works, I broke my acrophobia, I done bungee jumping within a year.

lofC is lamp post of my life. It directed me "how to lead in life?", discipline. It is change maker of my life. It gives me the confidence and awesome friends and lots of inspiration to do noble work for our society. Thank you so much to each and every person to whom I met in lofC for priceless smile and lots of happiness in my life. I never forget those golden days which I have spent in lofC.

Last but not the least also thanks to my brother Shashwat to force me to come in lofC. Due to lofC only I can write this letter to express my experience.

Thank you lofC. CHANGE MAKER OF MY LIFE. 😊